



PARENTS GUIDE

360 SPANISH CAMP

MULTI-ADVENTURE CAMP

VILLAMEDIANA DE LOMAS, BURGOS



www.360camp.es



INDEX

- Welcome letter	3
- Factsheet	4
- Methodology	5
- Where to find us hostel and facilities?	6
- A day at 360 Camp	7
- Activities	8
- Meals	9
- Medical information	9
- Camp Rules	10
- Miscellaneous	11
- Reception and collection of campers	12
- Contact with the camp	13
- Dates, activities and prices	14
- Payment methods	15
- Cancellation Policy	15
- Discounts	15
- Packing list and Tips	16
- What's included	17

 - Authorisation to assist to 360 Camp	18
--	----

 - Authorisation to provide medication	19
--	----

 - Authorisation to pick up the camper	20
--	----

 Tourist attractions in the area	21
--	----

WELCOME LETTER



WELCOME TO 360 CAMP!

We are happy to have your child at 360 Camp and hope that he/she enjoys this experience as much as we have enjoyed preparing for it.

The Parent's Guide contains information to prepare the Camp in detail, so we recommend that you read it carefully and attentively.

We seek to spend unforgettable days of adventure, learning in a safe way and enjoying through the practice of games and sports activities. With values such as companionship, respect for nature and teamwork, we will make new friends. To secure a great experience at the camp, we would encourage you to go through the details of this document with your child beforehand.

We will be happy to address any queries that you may have as they arise

Kind regards

Joel Aubeso

360 CAMP Director



FACTSHEET

CAMP

MULTI-ADVENTURE

DATES

Week 1: From 23 to 30 June

Week2: From 30 June to 7 July

Week 3: From 7 to 14 July

Week 4: From 14 to 21 July

Week 5: From 21 to 28 July

Week 6:From 28 July to 4 August

Week 7: From 4 to 11 August



Adventure 15 days: join us for two weeks

AGES

From 6 to 18 years

PLACE

Villamediana de Lomas, Burgos, Spain

CAPACITY

50

METHODOLOGY

360 Camp is a multidisciplinary company with 12 years of experience in organising our own campaigns and programmes. Our work is based on three principles: quality, respect and safety.

The 360 Camp team is made up of a camp director, a coordinator, a lifeguard, a specialist in young people with special educational needs, a team of instructors and qualified teachers, selected for their charisma, enthusiasm and extensive experience in the sector.

It's time to have fun and learn. Children will enjoy a holiday in Spain while learning the Spanish language and culture. This camp is especially designed for children and teenagers who wish to benefit from effortless learning with natural educational methods.

LEVEL OF CHILDREN

This camp accepts any level of Spanish, from beginners to advanced. The groups will be formed according to the level of the children, with specialised instructors who will help them at all times, so that they feel comfortable and protected.

INSTRUCTORS

All the instructors are specialised in dealing with foreign children and speak more than one language. We have 4 qualified teachers who will be in charge of the Spanish classes and who will motivate the children to use Spanish throughout the day. There will be several groups for the Spanish classes. All the necessary material for the classes is included (notebooks, pens, learning cards...).

ACTIVITIES

We remind you that this is an immersion camp, so the foreign children will be in the rest of the activities with Spanish children. It is all about LEARNING, PLAYING. All recreational activities will be carried out in Spanish with the help of monitors and teachers if necessary. The children will always be supported and accompanied in case they are unable to follow the language.

WHERE TO FIND US HOSTEL AND FACILITIES



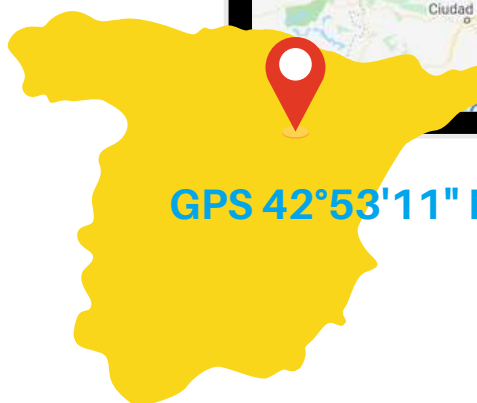
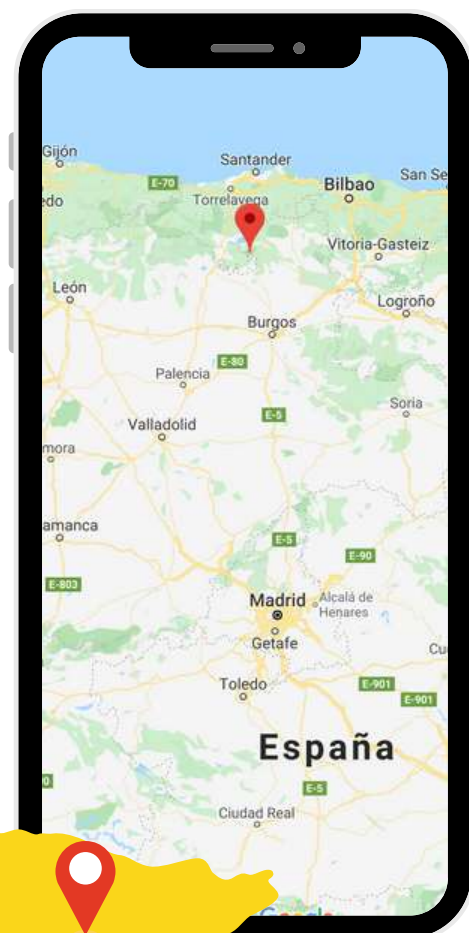
Albergue Los Arraques

360 Camp takes place at “Los Arraques” Hostel, located in Villamediana de Lomas, Burgos, Spain.

Due to its location, at the foot of the Cantabrian Mountains, it enjoys a wonderful environment.

The campsite offers:

- 16,000 square metres of land
- Covered workshop for indoor activities
- Dining room for up to 200 people
- Rooms and cabins with multiple bunk beds
- Industrial kitchen
- Outdoor services in the camping area
- Heating and toilets with hot showers
- Football and volleyball field
- Climbing wall
- Zip-lines
- Archery
- Trampolines and inflatables
- Pedal go-kart circuit
- Orienteering circuit
- Vegetable garden
- Minigolf
- Swimming pool



GPS 42°53'11" N 3°53'01" W

A DAY AT 360 CAMP



9:00 Wake-Up

9:30 Breakfast

10:30 Multi-adventure activity (Climbing, archery, pedal karts, orienteering, kayaking...)

12:30 Swimming pool

13:30 Showers

14:00 Lunch



16:00 Spanish Lesson and Activities: manual, artistic, sporting and environmental

18:00 Snack

18:30 Gymkhana

20:00 Teams time

21:00 Dinner

22:00 Owl Time (shows, songs, night activities...)

23:30 Bedtime



"Every day is an adventure"





ACTIVITIES

To ensure that campers have the best experience of the summer, we design our days to offer as wide a variety of activities as possible.

The well-being of the participants is our priority and we do the best to ensure their safety and enjoyment.

In all the multiadventure shifts we will enjoy:

Spanish Lessons - 1h/day

Canoes

Paddle Surf

Rafting

Archery

Trampolines and inflatable

Abseiling and rock climbing

Pedal karts

Sport orienteering

Virtual reality glasses - Oculus Quest 2

Camping under the stars in tents

Excursion to the beach (only in August)

Gymkhanas and team games

Activities: handicrafts, art, sports and environmental

Evening parties

(*) Any of the activities may be modified or replaced for major causes



MEALS

The food is prepared by the kitchen team on site. The staff prepares homemade and balanced menus.

Campers will enjoy four meals a day: breakfast, lunch, afternoon snack and dinner.

Of the 4 meals, at least 2 of them are hot meals. We have cooks who specialise in preparing homemade Spanish food for children.

At 360 Camp we adapt to your needs and we make special menus (for celiacs, diabetics, vegetarians...)



MEDICAL INFORMATION

All medical information will be treated with confidentiality. Please check it carefully and let us know if there are any errors or changes. It is very important to keep your medical information up to date.

Please let us know in case of any food intolerances or allergies.

The health and safety of the camper is our priority, so on the first day we will ask for the Social Security Health Card or Private Insurance.

We are not authorised to provide any type of medication by law. Therefore, if any camper requires medication during the camp, parents must give instructions to the person responsible in 360 Camp so that it can be administered accordingly.

If the camper suffers any incident, the parents or legal custodians will be informed immediately.

The camp has Civil Liability Insurance and Accident Insurance for all participants. If the children are members of the European Union, they must bring the European Health Insurance Card or similar.

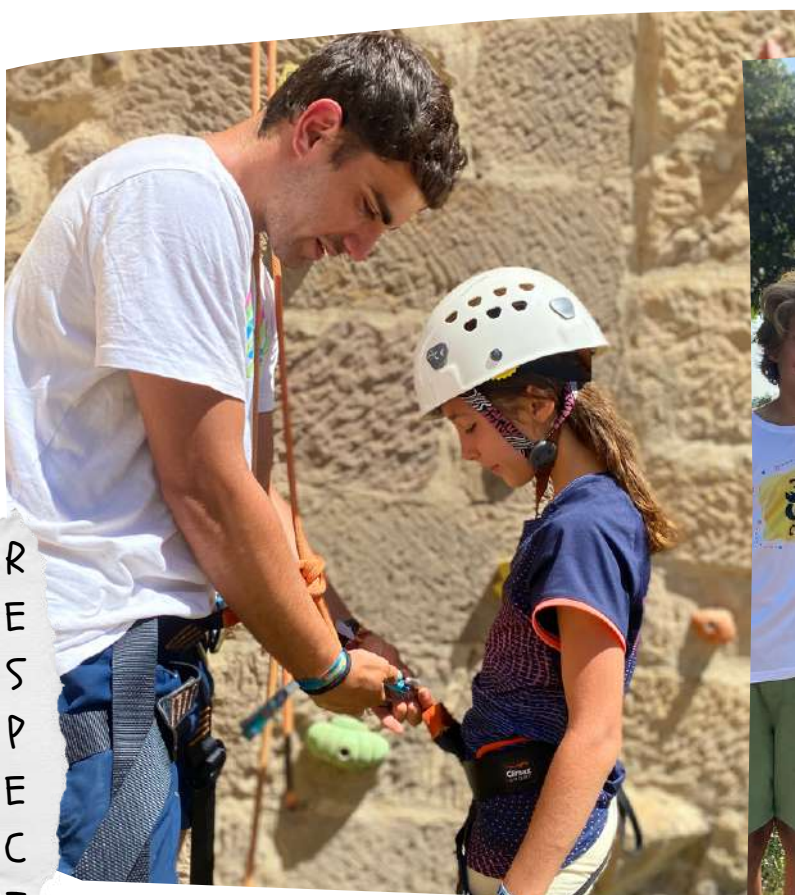


CAMP RULES

The safety and enjoyment of campers is our priority.

At 360 Camp, we adhered to certain rules and regulations:

- Campers must obey and respect the monitors.
- Campers must respect their fellow campers, the materials, the facilities and the environment.
- The possession and/or consumption of alcohol and tobacco is prohibited.
- The use of mobile phones is restricted to the days and times of calls and may not be used as camera or alarm clock.
- If the camper finds something that is not theirs, they must take it to the lost and found box or hand it in to their monitor.
- During swimming and sports activities, all instructions provided by the monitors must be strictly adhered to.
- The use of bad language is prohibitive



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MISCELLANEOUS

BIRTHDAYS

If the birthday coincides with the dates of the camp, we will facilitate a phone call, we will give them a present and we will sing "Happy Birthday" together. It will be an unforgettable memory.

LOST AND FOUND

It is important to label all campers' possessions brought to the camp with your name and surname, as this will make it easier to identify the owner if it is lost.

LONGING

Camps are a time of growth for children and young people, they take them out of their comfort zone, which is why it is very likely that they may have (especially the first few times) episodes of homesickness. These moments appear especially when talking to parents on the phone, so we invite you to follow these suggestions to help your child:

- Explain what the experience of sleeping away from home with other campers will be like.
- Allow the camper to bring a cuddly toy or object to accompany him/her in this experience.
- Explain that it is normal for them to miss their family.
- Say goodbye quickly and simply, without conveying concern to the camper.

TEAMS SET UPS

We will group the participants by age in groups of 10 to 12 campers.



*"We are specialists in
your first foreign camp"*

RECEPTION AND “PICK-UP” OF CAMPERS

Options:

1. SHUTTLE SERVICE FROM THE AIRPORT TO THE CAMP AND BACK (ALBERGUE LOS ARRANES AT VILLAMEDIANA DE LOMAS, BURGOS, SPAIN)

A 360 Camp instructor will pick up and drop off your child at the terminal of the different airports: **Madrid, Santander or Bilbao.**

You must send an email to **campamentos@360camp.es** 7 days before the start of the camp with the following details:

1. Flight number
2. Airline Company
3. Departure and arrival time



Transport Madrid, Santander, Bilbao Airport:

- Individual travel: Check with campamentos@360camp.es
- Trip for 2 campers: 275€ / camper
- Trip 3 or more campers: 200€ / camper

Pick-up times at the airport: from 8am to 6pm

Airport drop-off times: from 9am to 8pm

2. ALBERGUE LOS ARRANES AT VILLAMEDIANA DE LOMAS, BURGOS, SPAIN

- The reception of campers will be at 17:00h on the first day.
- The departure and collection of participants will take place on the last day at 12:00h. If parents/legal guardians can't pick up the camper on the last day, they must provide authorisation with the details of the person who will pick them up.

3. BUS TRANSPORT SERVICE FROM BURGOS CITY CENTRE

The bus transport service will cost 45€.

- Departure time and place: 15:30h - C/Chopera, Burgos.
- Time and place of arrival: 14:00h - C/Chopera, Burgos.



CONTACT WITH THE CAMP



We will set up an optional call to each camper during the camp. If for extraordinary reasons you need to contact the camper during the camp, you can call us at **+34 676 111 411**, from 8pm to 10pm. Please understand that this may interfere with the development of the activities, so we ask you to make the calls that are strictly necessary.



In addition, you will be able to follow the development of the camp on a daily basis through our website www.360camp.es. You will have a password restricted access where we will upload a daily photo gallery where you will be able to follow the evolution of the camp.



- You can also follow us on our social networks:

- Facebook: **@360CampArranes**

- Instagram: **@360_camp**



If you prefer, you can contact us by email:
campamentos@360camp.es



DATES, ACTIVITIES AND PRICES

1 WEEK ADVENTURE

725,00€

- From 28 July to 4 August
- From 4 to 11 August

2 WEEKS ADVENTURE

1.350,00€

From 28 July to 11 August

3 Adventures:

- Aquatic Multiadventure in the Ebro Reservoir
- Camping under the stars in a tent
- Excursion to the beach in Santander

(*) 360 Camp reserves the right to modify departures depending on the weather.



METHODS OF PAYMENT

If the payment is made from abroad, the only valid form of payment is by **bank transfer**.

Account No. : **ES10 3060 0001 7923 6741 6829**

BIC: BCOEESMM060

Description: NUMBER OF CAMPER + NAME AND SURNAME

An initial instalment of **€175 must be paid at the time of booking**.

Registration will be confirmed when the booking payment is made. The rest of the payment must be paid by bank transfer 10 calendar days before the start of the camp or in cash on the day of arrival.

If you have any questions, please contact us at campamentos@360camp.es

CANCELLATION POLICY

- 100% refund will apply up to 15 days prior to the commencement of the camp, after that a €45 administration fee will apply.
- No refunds will be made once the camp has started.

DISCOUNTS

Old campers

- 30 € (provided that they register before 15/04/2024)

Siblings

- 20 € / each one

Discounts are NOT accumulative



WHAT TO PACK IN YOUR SUITCASE

Camper

- ☐ Sleeping bag and mat
- ☐ Torch
- ☐ Water bottle
- ☐ 1 underwear / day
- ☐ 10 T-shirts
- ☐ 6 shorts
- ☐ 2 long trousers
- ☐ 2 hoodies
- ☐ Raincoat
- ☐ Warm clothes (for the evening)
- ☐ Pyjama
- ☐ Sport shoes
- ☐ 2 swimsuits
- ☐ Towel
- ☐ Flip-flops
- ☐ Watershoes (water adventure)
- ☐ Hat
- ☐ Sun protection
- ☐ Toiletry bag (shower gel, toothbrush and toothpaste, deodorant...)
- ☐ Backpack (recommended minimum capacity 25L)
- ☐ Health card (original)
- ☐ Pocket Money - ice cream, sweets... (recommended 30 €)
- ☐ Medicines (if necessary)

ESSENTIAL AT THE ENTRANCE

 Authorisation of Assistance

 print annexes

IF REQUIRED

 Authorisation to supply medication

 Authorisation to collect camper

TIPS

For younger campers who are not yet in control of their clothing changes, they can put their clothes in bags per day and it is recommended that they put in a few more changes.

It is recommended that all clothes and objects are labelled.

Remember that one night they are going to sleep in a tent, so if the sleeping bag is too thin, take a support blanket with them. If you have to buy a sleeping bag, look for a bag with a 5°C comfort temperature.



360 CAMP INCLUDES:

Accommodation Los Arranes - hostel / bungalows/ tepees

Full pension with four meals a day

Special menus for coeliacs, diabetics, vegetarians, etc.

Homemade, healthy and balanced food

Programme of activities

Spanish Lesson 1 hour/day

Material for activities

T-shirt + 360 Camp commemorative bracelet

360 Camp attendance certificate

Accident and civil responsibility insurance

Qualified and experienced instructors

Lifeguard and first aid expert

Technical management and vehicle 24h

Social media monitoring

Platform on the website updated daily

Safety, hygiene and disinfection protocols

An unforgettable summer!





AUTHORISATION TO ASSIST TO 360 CAMP

Camper's name and surname: _____

Date and name of the camp: _____

Mr/Mrs _____ with ID _____

As father/mother/guardian of (name of camper) _____

- I authorise my child to participate in all activities carried out at 360CAMP.
- I authorise my child to participate in the multi-adventure day which will be subcontracted.
- I authorise those in charge to take the necessary medical and surgical decisions in the event of a medical emergency for the authorised person, provided that this is the decision advised by the attending doctors.
- I authorise those responsible for this camp to transport the authorised person in private or rented cars, even if such transport is not authorised for public transport in case of emergency.
- I absolve the camp monitors of all responsibility in the event that the authorised person does not respect the rules dictated by the organisation or the indications given by any of its monitors.

With the inclusion of new technologies within the didactic means available to the organisation of camps and the possibility that images of your children may appear during the activities, and given that the right to one's own image is recognised in article 18 of the Constitution and regulated by Law 1/1982, of 5 May, on the right to honour, to personal and family privacy and to one's own image and Law 15/1999, of 13 December, on the Protection of Personal Data. The management of this camp requests the consent of parents or legal guardians to publish the images in which they appear individually or in groups during the 360 CAMP camp and the right to publish them on the camp website and social networks, filming for non-commercial educational dissemination, photographs for brochures, magazines or publications of the camp.

In _____, on _____ 2022

Signature:





AUTHORISATION TO PROVIDE MEDICATION



Camper's name and surname: _____

Date and name of the camp: _____

Mr/Mrs _____ with ID _____

As father/mother/guardian of (name of camper)

authorises 360 CAMP to supply the medication indicated in this document and according to the doses described.

1.- Name of the medication _____

1.- Dose and schedule _____

2.- Name of the medication _____

2.- Dose and schedule _____

3.- Name of the medication _____

3.- Dose and schedule _____

In _____, on _____ 2022

Signature:





AUTHORISATION TO PICK UP THE CAMPER



Camper's name and surname: _____

Date and name of the camp: _____

Mr/Mrs _____ with ID _____

As father/mother/guardian of (name of camper)

Authorises Mr/Ms _____

With ID _____ to pick up the Camper whose name appears above.

In _____, on _____ 2022

Signature:

CAMP



TOURIST ATTRACTIONS IN THE AREA

Villamediana de Lomas, Location of the hostel
42°53'36" N 3°52'46" W

If you come to bring your children, you can discover this wonderful area of Spain...



Burgos

Located 80 km away.

It is worth visiting Burgos, strolling through its elegant streets, promenades and green areas, contemplating its gothic cathedral, a World Heritage Site, and enjoying its gastronomy, increasingly recognised nationally and internationally. Burgos is also known for the Museum of Human Evolution, located next to the Arlanzón River, and the Atapuerca archaeological sites, just 10 km from the capital, which every day surprise us with new discoveries that allow us to decipher the origins of the human species.

Don't hesitate, enjoy a few days in this fantastic city, some of the best places to see (apart from the Cathedral and the Museum of Human Evolution) are the Monastery of Huelgas Reales, the Monastery of S. Pedro de Cardena, La Cartuja de Miraflores, the Castle and the Wall...



Santander

Located 93 km away.

Santander is, without doubt, one of the most beautiful cities of the Cantabrian coast in Spain, which reaches its tourist peak in the summer season.

Some of the city's tourist attractions include:

- o Strolling along the Sardinero and its beaches.
- o Piquío Gardens
- o Visiting the Magdalena palace.
- o Visiting the Cabo Mayor Lighthouse
- o Botín Centre and Pereda Gardens
- o Santander Cathedral
- o Boat cruise on the Bay of Santander

TOURIST ATTRACTIONS IN THE AREA

Villamediana de Lomas, Location of the hostel
42°53'36" N 3°52'46" W



Bilbao

Located 115 km away.

Bilbao is one of those cities that everyone should visit at least once in a lifetime. It is a lively city, with a wide range of cultural and leisure activities and exquisite gastronomy.

In recent decades Bilbao has undergone a transformation that has led it to become a modern and fresh city, but without losing that special essence. All these ingredients make Bilbao one of the most cosmopolitan cities in Spain. You can't miss out on some visits such as the Guggenheim Museum, the streets of the old town, monuments and museums of the city, try the gastronomy with its traditional pintxos, without forgetting the many attractions of the surrounding area.



Madrid

Located 340 km away.

Madrid is one of the most beautiful cities in Spain and the world. It has a great number of buildings, monuments, museums and places to visit. In addition, it has a great history behind it mixing different cultures in its streets and buildings. A must visit.



TOURIST ATTRACTIONS IN THE AREA

Villamediana de Lomas, Location of the hostel
42°53'36" N 3°52'46" W



Camping



Orbaneja del Castillo

Located 15 km away.

A medieval village, a beautiful waterfall and the imposing canyon of the river Ebro make Orbaneja possibly the most beautiful village in the province of Burgos.

Its imposing waterfall, more than 25 metres high, has created small stone terraces. You can visit the cave, the exact point where the spring emerges and divides the village into two distinct halves.



Covarrubias

Located 123 km away.

Covarrubias, declared a National Historic-Artistic Site in 1965 and a Historic Site in 2001, has Celtiberian, Roman, Visigothic, medieval and Baroque essences in its houses, streets and monuments, and in its natural surroundings, making it one of the most interesting and emblematic places in the province of Burgos.

Covarrubias is a very active town. A good example of this is the numerous events that the town hosts, be they cultural, gastronomic, sporting or traditional events...



